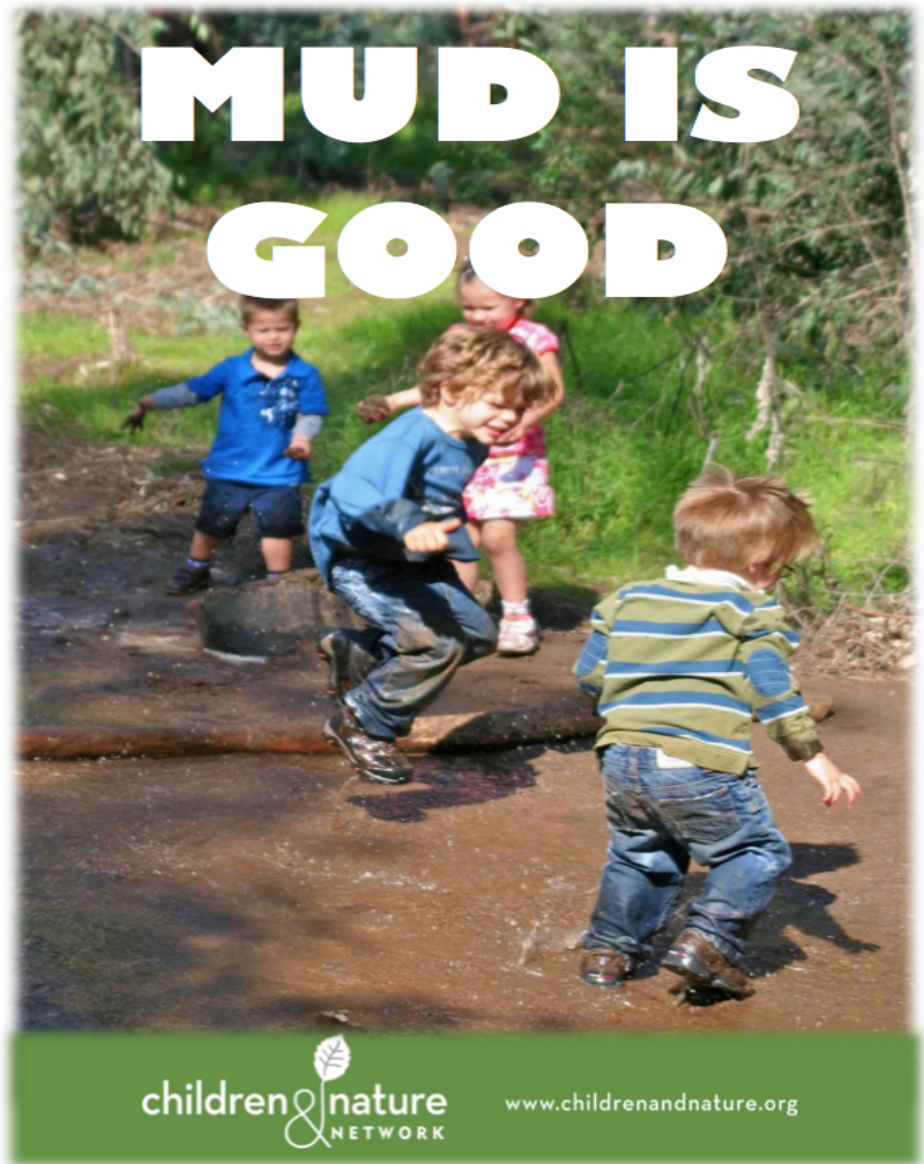


Mud play

PREPARED BY:
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MUD IS GOOD

children & nature
NETWORK

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Mud Play

Did you know that **mud play** is fun and has as much potential for learning as playing with sand or water?

Mud Play

- **With mud, there is something for every child, and there are no wrong answers**



Values of mud play: What does research say?



Values of Mud Play

- **As you think about your children engaging in mud play, think of the **creative expression and invention****
- **Consider the **problem-solving opportunities** (*How can we make our mud soup thin or thick? How do we make our mud balls and mud pies hold together?*)**

Values of Mud Play

- **Consider stress reduction** (*being outdoors in nature helps children relax*)
- **What about the cooperative play possibilities?** (*We'll make breakfast; We can have a restaurant; Let's make menu cards; Let's feed the baby—I'll be father, you'll be the baby*)

Values of Mud Play

- **Think about stronger immune systems** (*research indicates that some exposure to dirt helps build resistance to harmful bacteria*)
- **Consider the growing affection for the things on our earth—soil, stones, sand, and growing plants** (leading to care for our planet/ environmental stewardship)

THE BEST DAYS END
IN DIRTY CLOTHES.
(UNPLUG AND GO OUTSIDE.)



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The magic is in the dirt!

THE MUD WILL WASH OFF

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**BUT THE MEMORIES WILL LAST
A LIFETIME**

